

Dementia-friendly Communities (DFC) International Workshop

Detailed Schedule

Instructor: Tzuyuan Stessa Chao(NCKU), Janet Askew(Ulster U.), Yi Sun(HKPOLYU)

Teaching Assistance: TBC

1. Course Agenda

Part One. September: Pre-study & Site investigation (10hr)

9/14(Fri) First meeting (16:00-17:30) (50306R)

- Course introduction: What is a dementia-friendly community?
- Course layout & site introduction
- Investigation materials

10/05(Fri) Second meeting(16:10-17:10) ([check point 1](#)) (50306R)

- Briefing about 1006 field trip preparation
- Confirm survey questionnaire contents

10/06(Sat) One-day field trip to Chu-tien Community(08:30~16:30)

before you go on this field trip, you should have a good understanding of how important a DF environment is to older adults and you have to have your check list + MCI survey amended ready for site investigation

- Physical environmental investigation (DFC check list)
- Local elderly interviews/ MCI survey(sample size is important)



輕度認知障礙 (Mild Cognitive Impairment · MCI)

MCI為介於正常認知功能與失智症之間的過渡階段，其記憶力較同年齡和同教育程度者差，但日常生活功能正常。

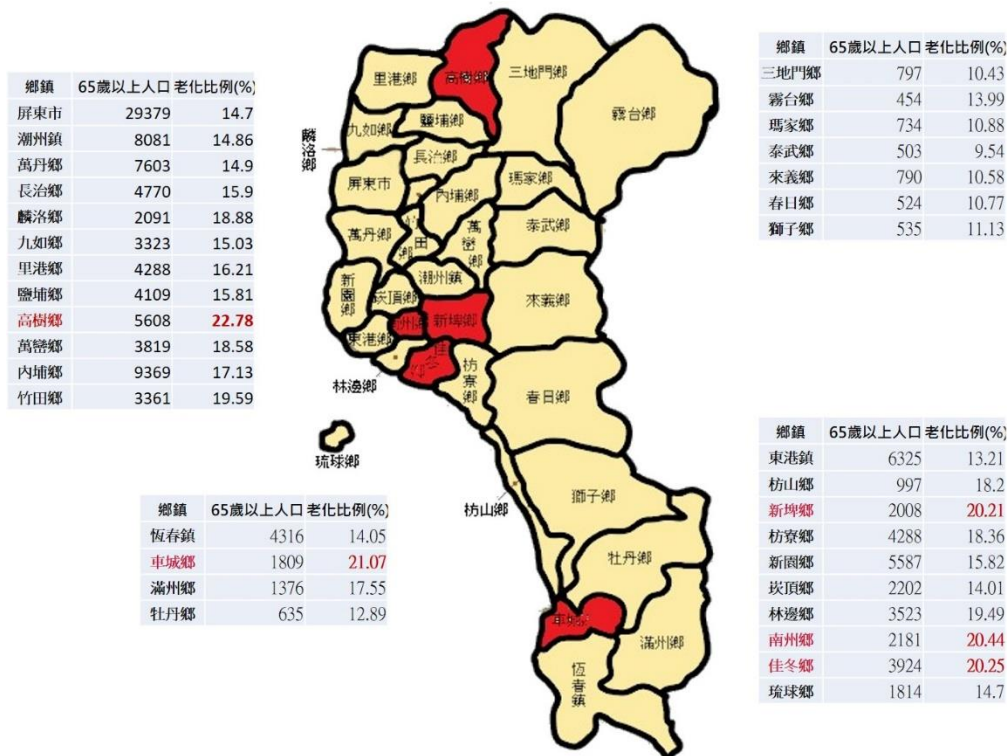
- 失憶型MCI：多會發展為退化性失智症 (50-60%) 。
- 非失憶型MCI：多會發展為其他類型的失智症，包含血管性失智症 (10-20%) 、混合性失智症 (10%) 與其他失智症 (10-20%) 。

Part Two. October: International Workshop (24hr)

Date	Agenda	Moderators
10/25(Thur.)	1. Site Re-visit: preliminary result presentation(check point 2) 2. On-site Group Discussion : site analysis/local older people's dementia tendency/Community assets mapping	Prof. Tzuyuan Chao (NCKU) Prof. Janet Askew(U. of Cardiff) Prof. Sun Yi (HK Poly U)
10/26(Fri.)	1. Lecture I: Healthy City and Dementia-friendly Communities in the UK (Prof. Askew) 2. Lecture II: Person-Environment Fit	Prof. C.W. Lin (NCTU)

	theory and Dementia-friendly Communities in Hong Kong (Prof. Sun) 3. Group Discussion: case studies /main issues and planning strategies	
10/27(Sat.)	1. Group Works 2. Dementia-friendly community planning and design concepts/initiatives	
10/28(Sun.)	1. 10:00~11:30 Final presentation at NCKU or Chu-tien Community (TBC) 2. Lecture: Social enterprise for a sustainable dementia-friendly community(Prof. Lin)	

2. Site information: Ping-Tung County



3. Course evaluation/ expectations

The course will be conducted in English generally, especially during the workshop. You can use both Chinese and English during group discussion as long as all your teammates are comfortable. However, the following presentations have to be in English.

- (1) Preliminary evaluation result presentation (10/25): only one PPT file is required and it can be in both languages.
- (2) Final presentation (10/28): one PPT file, at least one A0 poster and

one report (20 pages) are required. Your work result is expected to submit to Alzheimer's Disease International as a DFC initiative.

<https://www.alz.co.uk/dementia-friendly-communities/add-initiative>

(3) Your attendance and participation is extremely important.

4. Reference (for your pre-study)

- Dementia Friendly Communities Concept



- Dementia-friendly communities report (required reading)
http://www.actonalz.org/sites/default/files/documents/Dementia_friendly_communities_full_report.pdf
- Dementia test exam (required reading)
<http://www.elderguru.com/download-the-slums-dementia-alzheimers-test-exam/>
- Dementia and Town Planning (required reading)
<https://www.rtpi.org.uk/knowledge/practice/dementia-and-town-planning/>
- Dementia Friendly Communities initiatives
<https://www.alz.co.uk/dementia-friendly-communities/initiatives>
- Dementia Friendly Communities - Resources
<https://www.alz.co.uk/dementia-friendly-communities/resources>